

2026 KELLETT SHIELD SAILING INSTRUCTIONS

SYDNEY, AUSTRALIA // SATURDAY 30 MAY 2026



Abbreviations:

PC	- Protest Committee	RC	- Race Committee
OA	- Organising Authority	NA	- National Authority
RRS	- Racing Rules of Sailing 2021-2024	SI	- Sailing Instructions
NoR	- Notice of Race	RO	- Race Officer
CYCA	- Cruising Yacht Club of Australia	YSA	- Youth Sailing Academy
AS	- Australian Sailing	OWU	- On Water Umpire

1 RULES

- 1.1 The event will be governed by
- The 'rules' as defined in the RRS of World Sailing 2025-2028 and Appendix UF-Umpired Fleet Racing (attached to this Sailing Instructions).
 - These SI's, and any amendments.
 - The Notice of Race
 - The prescriptions and special regulations of Australian Sailing.
 - The rules for the Handling of Boats (SI appendix A), which also apply to any practice sailing. Class rules will not apply.
 - When there is conflict, the SI shall prevail over the NoR.
- 1.2 The Organising Authority is the CYCA.
- 1.3 **Changes to Racing Rules**
- Add to the definition of Proper Course: 'A boat taking a penalty or manoeuvring to take a penalty is not sailing a *proper course*'.
 - RRS 64.1 is amended in that the penalty for breaking RRS 14 when damage results will be at the discretion of the RC and may include exclusion from further races in the regatta.

2 ENTRIES & ELIGIBILITY

- 2.1 Only teams invited by the OA will be eligible to enter the event.
- 2.2 To remain eligible the skipper or his/her representative shall pay the entry fee and the damage deposit of AUD\$1300 prior to 0830hrs on Saturday 30 May 2026 unless extended by the OA. Each crew member shall complete a General Disclaimer and Acknowledgment of Rights Form prior to racing.
- 2.3 The damage deposit is the limit of liability of each skipper for each incident. In the event that a deduction is made from the deposit, the skipper will be required to restore the deposit to the original value to maintain eligibility.
- 2.4 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the RC.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located inside the CYCA Clubhouse.
- 3.2 Signals made ashore will be displayed from the flagpole at the SW end of CYCA deck.
- 3.3. Code flag "AP" with two sound signals when displayed ashore means "races not started are postponed." The warning signal shall not be made less than 30 minutes after the "AP" is lowered ashore. This alters RRS Race Signals.
- 3.4 Changes to the SI made afloat shall be indicated by the display of Code Flag 3rd Substitute accompanied by two sound signals. The change may be communicated either orally or in writing.
- 3.5 Skippers must attend the daily briefing at 0830hrs in the Clubhouse on Saturday 30 May 2026.
- 3.6 The Race Committee may provide race information via VHF 72.

4 BOATS AND SAILS

- 4.1 (a) The event will be sailed in Elliott 7m type boats.
(b) The sails to be used will be allocated by the RC.
- 4.2 The sail combination to be used will be signalled from the RC boat with or before the attention signal. The signals shall have the following meaning:
- | | |
|-----------------------------|--|
| <u>Signal</u> | <u>Sail combination to be used</u> |
| No signal | Full sails (main, jib, symmetrical & asymmetrical spinnaker) |
| International Code Flag 'J' | Main and Jib only |
- 4.3 A competitor shall not alter, reposition or add to the standard equipment as supplied by the CYCA in accordance with Appendix A.
- 4.4 Other restrictions or instructions may be given to the boats verbally by a coach. Flag 3rd substitute is not required.
- 4.5 Competitors may choose to use either spinnaker for each race.

5 CREW

- 5.1 The total number of crew, including the skipper, shall be three or four. A list of registered crew shall be submitted prior to racing each race day of the series.
- 5.2 The crew will rotate through each position onboard after each race. No crew member shall helm their second race before each crew member has helmed a race.
- 5.3 Crew must nominate their positions for Race 1 then move forward one position onboard.

6 SCHEDULE OF RACES

- 6.1 A maximum of six (6) windward/leeward races shall be sailed.
- 6.2 The first warning signal shall be at 0930hrs
- 6.3 The warning signal for subsequent races will be made as soon as possible after the finish of the preceding race.
- 6.4 No warning signal shall be made later than 1430hrs.

7 RACING AREA

The intended racing area will be in the vicinity of Rushcutters Bay, Sydney Harbour.

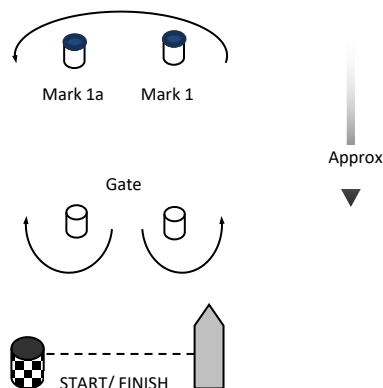
8 COURSE

- 8.1 The courses shall be windward/leeward configurations with a leeward gate.
- 8.2 Mark 1 and Mark 1a will be laid to windward of the start line.
- 8.3 The Gate will be laid approximately 20 metres to windward of the start line. (NB the Gate may be laid after the start).
- 8.4 Boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If only one gate mark is set, the mark shall be rounded to port.

COURSE SIGNAL	COURSE CONFIGURATION All Marks rounded to PORT
1	Start - 1 - 1a - Finish (Downwind)
2	Start - 1 - 1a - Gate - 1 - 1a - Finish (Downwind)
3	Start - 1 - 1a - Gate - 1 - 1a - Gate - 1 - 1a - Finish (Downwind)

9 MARKS

- 9.1 Mark 1 and 1a will be white inflatable marks with LGT Crestone logos.
- 9.2 The gate will be CYCA white inflatable marks With LGT Crestone logos.
- 9.3 The start/finish mark will be a checked black and white inflatable mark.
- 9.4 The change mark as per SI 13, shall be an purple inflatable mark with a white band.



10 THE START

- 10.1 The start/finish line will be a straight line between the course side of the start finish mark and a white flag with 'CYCA' in black on the flag mast on the RC boat. No orange / blue flags will be displayed. This amends RRS Race Signals.
- 10.2 Start signals will be made in accordance with RRS 26.
- 10.3 The Class Flag will be International Code Flag "E".
- 10.4 A boat shall not start later than 5 minutes after the start signal.

11 RECALLS

Individual and General recalls will be signalled in accordance with RRS 29 and may be signalled via VHF 72.

12 THE FINISH

The start/finish line will be a straight line between the course side of the start/finish mark and a white flag with 'CYCA' in black on the flag mast on the RC boat. This amends RRS Race Signals.

13 CHANGING THE COURSE

- 13.1 When changing the position of the next mark, the RC will lay a change mark (s). Any subsequent marks may be relocated to maintain the original course configuration. Further changes of that mark will revert to the original mark
- 13.2 Displaying International Code Flag "C" means that Mark 1 has been moved. Sail to the change of course mark. (Amends RRS 33)
- 13.3 When a change of course is signalled after the first leg it shall be displayed from a boat in the vicinity of the gate. The signal shall be followed by a series of repetitive sound signals.
- 13.4 After a change of course Mark 1a will no longer be a mark of the course.
- 13.5 Courses may be shortened in accordance with RRS 32.2.

14 TIME LIMIT

- 14.1 The time limit for all races will be 45 minutes, or within ten minutes of the first boat to finish, whichever is earliest.
- 14.2 Boats not finishing within the time limit shall be scored DNF (amends RRS 35)

15 SCORING

- 15.1 The Kellett Shield will consist of a maximum of six (6) races. The minimum races to constitute a series will be three (3).
- 15.2 The Low Point Scoring System of Appendix A of the RRS will apply.
- 15.3 There will be no drops.



16 MEDIA RIGHTS AND RESTRICTIONS

The conditions of entry include that competitors acknowledge that the OA owns all media rights to the event and may exercise those rights as it sees fit and that the OA has the unconditional perpetual right to publish and broadcast, for any purpose and in any media, photographs and video and audio recordings taken of boats and competitors during the event.

17 PRIZES

- 17.1 The principle prize will be the Kellett Shield.
- 17.2 The Prize Giving will take place on the CYCA deck following racing on the last day of the series.

18 DISCLAIMER

All those participating in the event do so at their own risk and responsibility. Competitors must acknowledge this prior to competing, and release the OA and its sponsors and their respective officers, employees, volunteers and members from all liability by signing a form provided by the OA.

Specific attention is drawn to RRS Fundamental Rule 3, which states:

"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

SI APPENDIX A HANDLING THE BOATS

1. GENERAL

While all reasonable steps are taken to equalise the boats, variations will not be grounds for redress. (Amends RRS 62)

2 PROHIBITED ITEMS AND ACTIONS

Except in an emergency or to prevent damage or injury, or when directed by an umpire or the RC otherwise, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for purpose other than that intended or specifically permitted.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline.
- 2.9 Attaching lines to the fabric of spinnakers.
- 2.10 Using any other lines excluding sheets to assist with leverage.
- 2.11 Perforating sails, even to attach tell tales.
- 2.12 Radio transmission (including mobile phones) while racing.
- 2.13 Adjusting or altering the tension of standing rigging.
- 2.14 Using a winch to adjust the mainsheet, vang or cross sheeting.
- 2.15 Omitting any headsail car or turning block before sheeting.
- 2.16 The use of electronic equipment other than watches.
- 2.17 Using the spinnaker pole to wing out the foresail.
- 2.18 Marking directly on the hull or deck with permanent ink.
- 2.19 Any adjustments to the spinnaker bags or their attachments.
- 2.20 The use of the shrouds above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
- 2.21 Extending the bowsprit extended unless in the process of setting, flying or dropping an asymmetrical spinnaker
- 2.22 Hiring a boat while under the influence of alcohol or drugs.
- 2.23 Smoking or vaping while on the boat.
- 2.24 A breach of SI Appendix B2.20 & B2.21 is not open to protest by boats but is subject to action by RC in accordance with RRS C8.2. This changes RRS C6.2 and C8.2.

3 PERMITTED ITEMS AND ACTIONS

3.1 Taking a bag on board containing:

Basic hand tools
Adhesive tape
Line (elastic or otherwise of 4 mm diameter or less)
Marking pens
Telltale material
Watch, timers and hand held compass
Shackles and clevis pins
Velcro tape
Spare flags
Hand held compass

3.2 Using the items in 3.1 to:

Prevent the fouling of lines, sails and sheets
Prevent sails being damaged or falling overboard.
Mark control settings
Make minor repairs & permitted adjustments
Attach tell tales
Make signals as per RRS C6

4 MANDATORY ITEMS AND ACTIONS

The following are mandatory:

- 4.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. The report shall include any evidence of matters that could cause damage or disadvantage to the boat in future matches. Failure to submit a damage report on any day will result in a \$50 deduction from the crew's damage deposit.
- 4.2 At the end of each sailing day:
 - (a) Folding, bagging and placement of the sails as directed
 - (b) Leaving the boat in the same state of cleanliness as when first boarded that day
- 4.3 At the end of each day for a particular boat the crew shall clean the boat (cabin and decks), **remove all trash, remove all tape and marks and use bucket and sponge to remove any water from bilge.**
- 4.4 Any requests to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 4.5 Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
- 4.6 A breach of SI Appendix C 4.2 and 4.3 will be considered damage and the cost of rectification will be deducted from the damage deposit.

SI APPENDIX C – EQUIPMENT LIST

The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

Sails and Sailing Equipment

- Mainsail and set of battens
- Headsail
- Spinnaker
- Two spinnaker sheets
- One headsail sheet
- Tiller extension
- VHF radio

Safety Gear, Tools and Other Equipment

- One bucket & lanyard with sponge
- Tow rope



CRUISING YACHT CLUB OF AUSTRALIA

Home of the Rolex Sydney Hobart Yacht Race